



Developmental Milestones (7-9 months)







Patient Factsheet

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What is it?

GPs use milestones to track your child's development. Milestones are the skills and tasks children can do at different ages.

If your child is not meeting one or more milestones, there may be a cause for concern. See the developmental concerns in children factsheet for more information and supports.

DOMAIN	MILESTONE	NEEDS ASSESSMENT
Fine Motor 	<ul style="list-style-type: none">• Looks at objects or people 3 metres away• Holds toys and passes them from one hand to the other• Reaches for toys whilst on tummy with one arm• Reaches directly for objects in all directions• Holds toys with thumb and all fingers	<ul style="list-style-type: none">• Unable to use index finger in isolation
Gross Motor 	<ul style="list-style-type: none">• Enjoys being on 'tummy time'• Rolls from their back to their tummy and tummy to their back• Enjoys sitting with back straight with a little support• Stands with some support with flat feet	<ul style="list-style-type: none">• Can't sit alone• No crawling motion• Unable to hold bodyweight or push up through legs in standing position• Any differences between right and left sides of body (in strength, movement and muscle tone)
Speech & Language 	<p>Feeding:</p> <ul style="list-style-type: none">• Eats solid or lumpy food• Sucks on finger/foods <p>Communication:</p> <ul style="list-style-type: none">• Imitates gestures e.g., waving• Recognises familiar words• Responds to turn-taking games e.g. 'peek a boo'	<ul style="list-style-type: none">• No turn-taking or variety in sounds• Limited or no babble• Poor or no response to sound• No recognition of own name• No attempts to imitate sound
Social Skills 	<ul style="list-style-type: none">• Reserved, wary, or crying with strangers• Will look for parent• Plays peek-a-boo• Claps in imitation	<ul style="list-style-type: none">• Prefers to play alone• No difference in responses to strangers and familiar people
Cognitive 	<ul style="list-style-type: none">• Looks at and feels objects in hand• Picks up and puts down objects• Enjoys exploring and moving around• Searches for dropped objects 	<ul style="list-style-type: none">• Cannot tell the different between new experiences and familiar ones• No difference in responses to strangers and familiar people

This information is to be viewed by someone who has received a diagnosis from their doctor. It is not designed to be used to diagnose a condition or as a substitute for ongoing medical care

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