



# Developmental Milestones (3 - 6 months)







## Patient Factsheet

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### What is it?

GPs use milestones to track your child's development. Milestones are the skills and tasks children can do at different ages.

If your child is not meeting one or more milestones, there may be a cause for concern. See the developmental concerns in children factsheet for more information and supports.

DOMAIN	MILESTONE	NEEDS ASSESSMENT
<b>Fine Motor</b> 	<ul style="list-style-type: none"> <li>• Brings hands together in midline and across chest to mouth</li> <li>• Holds a toy in palm with fingers on top of the toy</li> <li>• Reaches toward objects with two hands</li> <li>• Able to push up onto straight arms from tummy</li> <li>• Smiles at self in mirror and looks at hands in midline</li> <li>• Follows slow moving objects with their eyes</li> </ul>	<ul style="list-style-type: none"> <li>• Obvious differences in use of right and left arms</li> <li>• Persistent fisting of hands</li> </ul>
<b>Gross Motor</b> 	<ul style="list-style-type: none"> <li>• Holds their steady when being carried</li> <li>• Tolerates lying on tummy with weight on forearms and head lifted</li> <li>• Keeps head in the middle and follow a swinging toy when lying on back</li> <li>• Beginning to reach for knees or feet when laying on back</li> </ul>	<ul style="list-style-type: none"> <li>• Cannot lift head and shoulder when lying on tummy</li> <li>• Cannot roll over</li> <li>• Floppy back when held in sitting</li> <li>• Any differences between right and left sides of body (in strength, movement or muscle tone)</li> <li>• Appears overly stiff or floppy</li> </ul>
<b>Speech &amp; Language</b> 	<p>3 to 5 months:</p> <ul style="list-style-type: none"> <li>• 'Coo's with sounds like "ooh, aah"</li> <li>• Turns head when hearing a voice</li> <li>• Smiles and laughs at person</li> </ul> <p>6 months:</p> <ul style="list-style-type: none"> <li>• Points to or looks at familiar people when asked e.g., "where's daddy?"</li> <li>• Looks at you and babbles like "ga-ga-ga" or "mum-mum-mum"</li> </ul>	<ul style="list-style-type: none"> <li>• No turn taking or variety in sounds</li> <li>• Poor or no response to sound</li> </ul> 
<b>Social Skills</b> 	<ul style="list-style-type: none"> <li>• Smiles in reaction to familiar situations (bath, feeds)</li> <li>• Smiles and responds preferentially to familiar people in familiar situations e.g. bath, feeds</li> <li>• Cries or makes other signals to bring others to their side</li> </ul>	<ul style="list-style-type: none"> <li>• No preference for mother or other people</li> <li>• Does not look directly at people's eyes</li> <li>• No responsive smiling or laughing</li> <li>• Negative or over-reaction to touch</li> </ul>
<b>Cognitive</b> 	<ul style="list-style-type: none"> <li>• Examines what is in hand</li> <li>• Resists objects being taken out of hand</li> <li>• Expresses pleasure with new objects and experiences</li> </ul>	<ul style="list-style-type: none"> <li>• Not interested in what is in hand</li> <li>• Not interested in people</li> </ul>

This information is to be viewed by someone who has received a diagnosis from their doctor. It is not designed to be used to diagnose a condition or as a substitute for ongoing medical care

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