








Developmental Milestones (0-3 months)

Patient Factsheet

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What is it?

GPs use milestones to track your child's development. Milestones are the skills and tasks children can do at different ages. If your child is not meeting one or more milestones, there may be a cause for concern. See the developmental concerns in children factsheet for more information and supports.

DOMAIN	MILESTONE	NEEDS ASSESSMENT
Fine Motor 	<ul style="list-style-type: none">• Holds a rattle if you put it into their hand• Head control gradually developing since birth	<ul style="list-style-type: none">• Does not follow objects with eyes• Persistent fistling of hands
Gross Motor 	<ul style="list-style-type: none">• Baby easy to hold and cuddle – not overly stiff or floppy• Uses both sides of their body in the same way• Turns head to both sides and does not have a strong preference for looking one way	<ul style="list-style-type: none">• Any differences between right and left sides of body (in strength, movement or muscle tone)• Head falls back when pulled to sitting position
Speech & Language 	<p>Feeding:</p> <ul style="list-style-type: none">• Moves their tongue backward and forward while sucking and swallowing• Moves their jaw up and down• Coordinates sucking, swallowing, and breathing while feeding <p>Communication:</p> <ul style="list-style-type: none">• Makes eye contact with mother• Responds to human voice	<ul style="list-style-type: none">• No turn-taking or variety in sounds• Poor or no response to sound
Social Skills 	<ul style="list-style-type: none">• Seems interested in people socially and attends to mother's face• Smiles spontaneously	<ul style="list-style-type: none">• No preference for mother or other people• Does not look directly at people's eyes
Cognitive 	<ul style="list-style-type: none">• Makes active movements• Puts hands to mouth• Shows an active, visual interest in the world and people• Has times of being alert	<ul style="list-style-type: none">• Inactive, detached (limited display of emotion)

