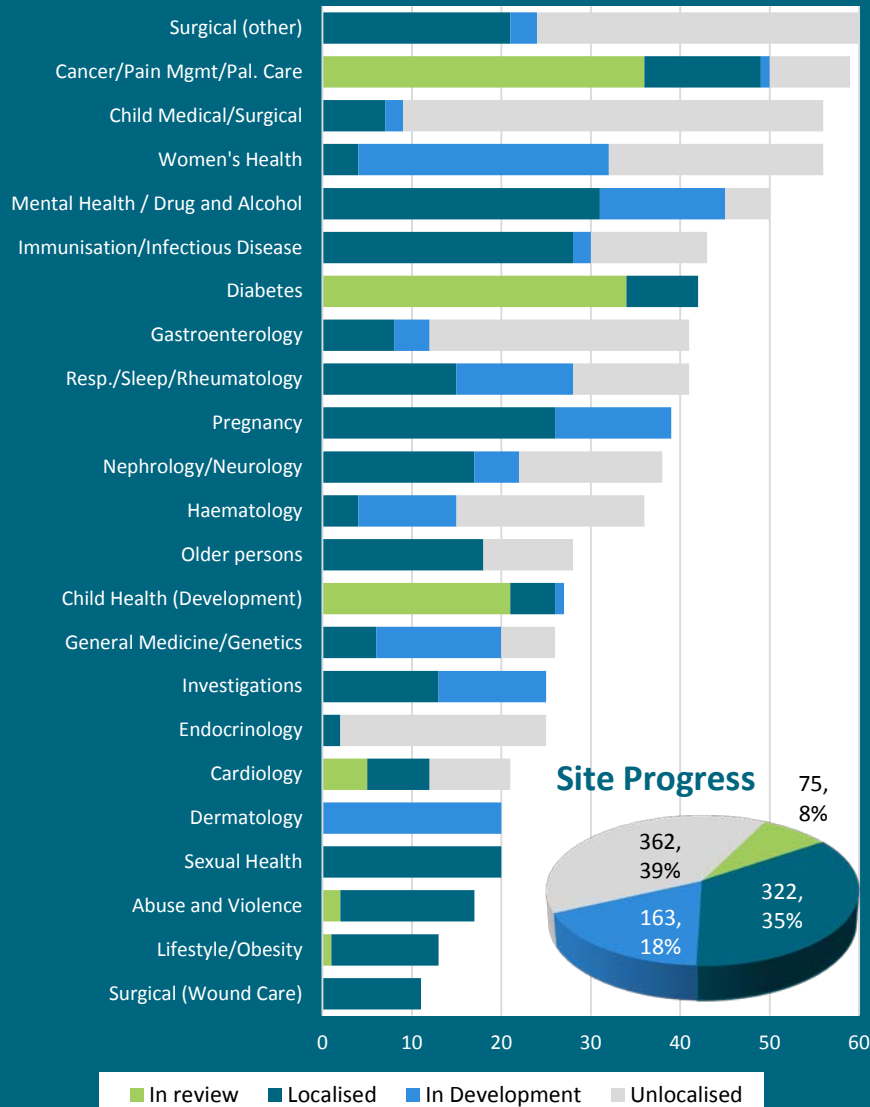


Pathway Progress by Clinical Area(s)

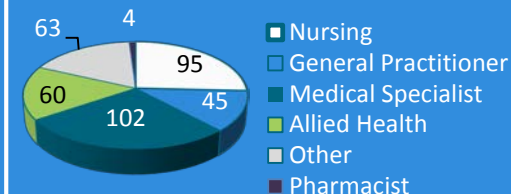


Pathway Updates

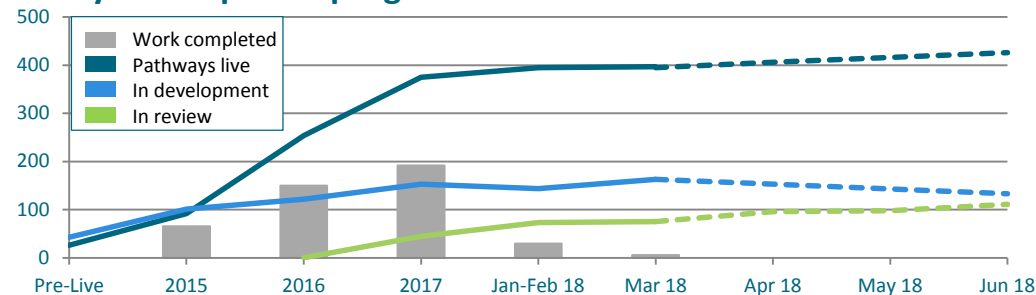
- Cardiac Rehabilitation (updated)
- Acute Pelvic Pain in Women (updated)
- Smoking Cessation Advice (updated)
- Children – Physical Activity (updated)
- Psychosocial Care in Cancer (new)
- Non-Urgent Cardiology Referral (updated)
- Endometrial Cancer (new)
- Child Health Community Support (updated)
- Child or Youth at Risk (updated)

Program Engagement

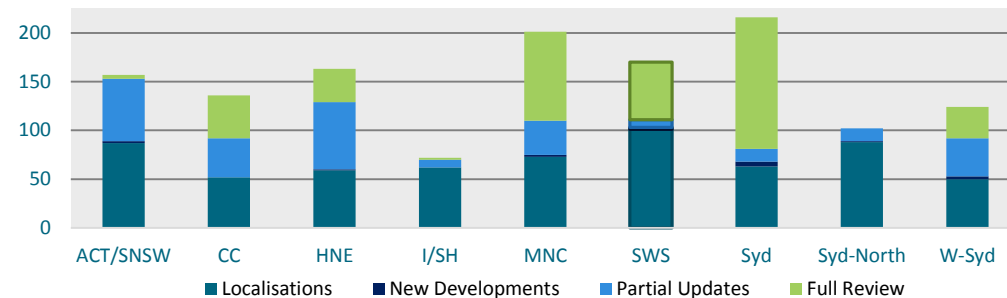
Workgroups completed: **18**
 CPD Events Attended: **85**
 HealthPathways Practice Visits: **166**
 Health Professional Participation: **369**



Pathway development progress

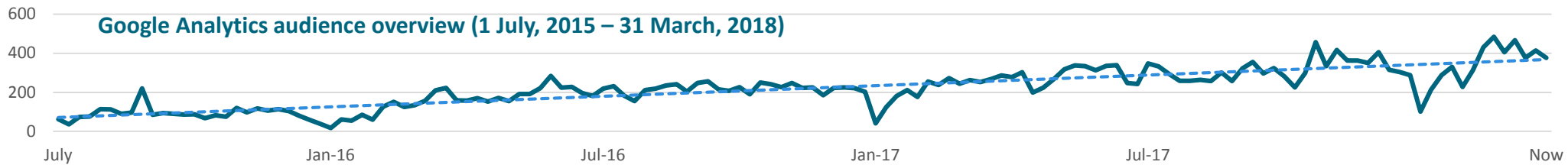


Output by NSW Regions (1/6/17- present)*



*Note: The variability of each regions' HealthPathways program (e.g. staffing levels, length of time live, etc.) should be taken into account when comparing a region's performance against others

Google Analytics audience overview (1 July, 2015 – 31 March, 2018)



Top 10 Pathways*

	This month	Last 3 months	Last 12 months
1	Antenatal First Consult	Antenatal First Consult	Antenatal First Consult
2	Education Resources	Education Resources	Education Resources
3	Cardiac Rehabilitation Outpatient Programs	Chronic Hepatitis C	Non-Urgent Antenatal Care Referrals
4	Pelvic Inflammatory Disease	Non-Urgent Antenatal Care Referrals	Referral Forms
5	Newly Diagnosed Type 2 Diabetes	Referral Forms	Gestational Diabetes
6	Smoking Cessation Advice	Smoking Cessation Advice	Antenatal Shared Care Program
7	Chronic Kidney Disease	Gestational Diabetes	Chronic Hepatitis C
8	Return to Work	Cervical Screening	Child with a Rash
9	Non-Urgent Cardiology Referrals	Child with a Rash	Newly Diagnosed Type 2 Diabetes
10	Child with a Rash	Newly Diagnosed Type 2 Diabetes	Non-Urgent Diabetes Specialist Referrals

*Defined by Unique Pageviews: Excludes Home, Search, Pathway Updates and South Western Sydney Localised Page, and all Header and Service Directory Pages.

Site Statistics

	Mar 18 (% ↑↓)	Mar 17	Total
SESSIONS: No. times site has been accessed	1,617 (↑ 31%)	1235	31,690
USERS: No. individuals accessing the site	589 (↑ 30%)	453	6,843
PAGEVIEWS: No. pages viewed on the site	8,150 (↑ 33%)	6,131	165,944
PAGES/SESSION: No. pages viewed per session	5.04	4.96	4.63
RETURNING SESSIONS: % using site more than once	78%	78%	77%

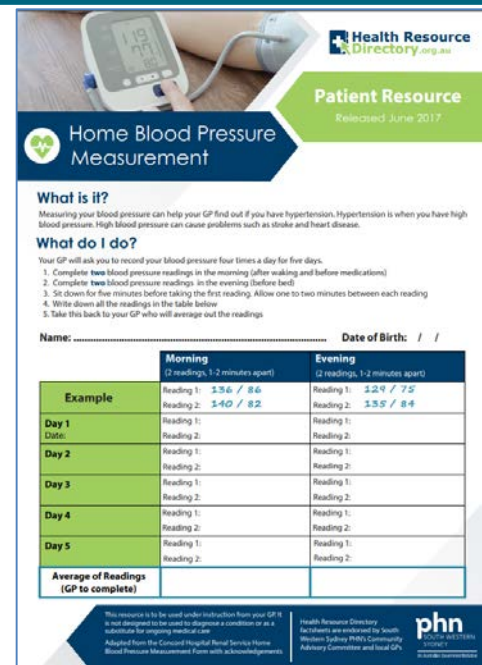


Factsheets Update

- 48 factsheets currently live (English)
- 33 factsheets in development
- Audio recordings completed
- 10 translated factsheets in final stages of development (Arabic, Vietnamese, Simplified Chinese)

Site Update

- Launched June 2017
- 105 health condition pages
- 14 service information pages
- 267 sessions since December
- 1,367 page views since December 2017



Health Resource Directory.org.au
Patient Resource
Released June 2017

Home Blood Pressure Measurement

What is it?
Measuring your blood pressure can help your GP find out if you have hypertension. Hypertension is when you have high blood pressure. High blood pressure can cause problems such as stroke and heart disease.

What do I do?
Your GP will ask you to record your blood pressure four times a day for five days.
1. Complete **two** blood pressure readings in the morning (after waking and before medication).
2. Complete **two** blood pressure readings in the evening (before bed).
3. Sit down for five minutes before taking the first reading. Allow one to two minutes between each reading.
4. Write down all the readings in the table below.
5. Take this back to your GP who will average out the readings.

Name: _____ Date of Birth: / /

	Morning (2 readings, 1-2 minutes apart)	Evening (2 readings, 1-2 minutes apart)
Example	Reading 1: 136 / 86 Reading 2: 140 / 82	Reading 1: 129 / 75 Reading 2: 135 / 84
Day 1	Reading 1: Reading 2:	Reading 1: Reading 2:
Day 2	Reading 1: Reading 2:	Reading 1: Reading 2:
Day 3	Reading 1: Reading 2:	Reading 1: Reading 2:
Day 4	Reading 1: Reading 2:	Reading 1: Reading 2:
Day 5	Reading 1: Reading 2:	Reading 1: Reading 2:
Average of Readings (GP to complete)		

This resource is to be used under instruction from your GP. It is not designed to be used to diagnose a condition or as a substitute for ongoing medical care.
Adapted from the Concord Hospital Blood Pressure Home Blood Pressure Measurement Form with acknowledgement.

Health Resource Directory factsheets are endorsed by South Western Sydney PHN Community Advisory Committee and local GPs.

phn
South Western Sydney
PHN Community
Advisory Committee and local GPs

Home Blood Pressure Measurement