

## Progress Report (as of 30/4/16)

Pathways localised	165
Pathways in development	63
Workgroups completed	10
Workgroups in development	2
Number of site users	1,639
Number of page views	27,976

### New Localised Pathways:

- [Child Development](#) (22 pathways)
- [Medication Management and Polypharmacy in Older Persons](#)
- [Useful Apps](#)
- [Insulin Pump Breakdown and Troubleshooting](#)
- [Urgent or Immediate Diabetes Specialist Referrals](#)
- [Urgent or Immediate Mental Health Specialist Referral](#)
- [Lung Cancer](#)
- [Specialist Oncology Referrals](#)
- [E-Mental Health Resources](#)

### Pathways in Consultation:

- Domestic Violence
- To be part of the consultation process, email [swshealthpathways@sswahs.nsw.gov.au](mailto:swshealthpathways@sswahs.nsw.gov.au).

### Top 5 Pathways:

- [Aged Care Assessment Services](#)
- [Diabetes](#)
- Women's Health (not localised)
- [Sexual Health](#)
- [Chest Pain](#)

### Upcoming Workgroups:

- Child and Adolescent Mental Health — 4 May 2016 at Liverpool
- Aged Care — 25 May 2016 at Bankstown

See the Project Site [Events Calendar](#) for more details.

## How to launch an online program...online of course!

The official launch of HealthPathways South Western Sydney is scheduled to occur on 21 May.

In addition to a number of face-to-face events for both primary care and hospital staff, the main launch vehicle will be an online interactive website and an E-learning package.

Stay tuned...



## Clinical Pathway Suite: Child Development

### Child Health Clinical Pages

- [ADHD in Children and Youth](#)
- [Autism Spectrum Disorder](#)
- [Behavioural Concerns in Children](#)
- [Child and Young People Risk of Harm Assessment](#)
- [Child Developmental Surveillance](#)
- [Developmental Concerns in Children](#)
- [Poor Growth](#)
- [Growth Assessment](#)
- [Milestones / Developmental Delay](#)
- [Sexualised Behaviour in Children and Young People](#)
- [Short Stature in Children](#)
- [Temper Tantrums](#)
- [Weight Management in Children](#)

### Child Health Requests

- [Child Developmental Assessment Requests](#)
- [Child or Young Person at Risk](#)
- [Child, Adolescent and Family Mental Health Requests](#)
- [Child Health Community Support Programs](#)
- [Early Childhood Support Requests](#)
- [Services for the Treatment of Sexualised Behaviour](#)
- [Children—Physical Activity Requests](#)
- [Child or Young Person Audiometry Screening](#)
- [Child Speech Pathology Requests](#)
- [Dietitian Services for Children](#)
- [Child Occupational Therapy Services](#)
- [Child Physiotherapy Services](#)
- [Child or Young Person Visual Testing](#)
- [Child Psychology Services](#)
- [Infant and Child Feeding Requests](#)

### Milestones / Developmental Delay

- Practice Point!**
- When evaluating delayed development, remember that children develop at different rates.
  - It is always better to refer for intervention than to 'wait and see if they catch up'.
  - Refer children exhibiting any signs for concern for further assessment and intervention.
  - Children with non-English speaking parents may present differently than children from English speaking families in regards to their English language skills (receptive and expressive). To assess, focus on the child's first/home language acquisition, as delays in second language acquisition are likely normal.

Development can be thought of in 5 different domains: fine motor, gross motor, language, social/emotional, and cognitive. The items in each domain represent typical development. If a child is not able to meet items within their chronological age, this may be indicative of developmental concerns.

#### 0 to 3 months

	Milestone	Assess Further
<b>Fine Motor</b>	<ul style="list-style-type: none"> <li>• Holds a rattle if you put it into their hand</li> <li>• Head control gradually developing since birth</li> </ul>	<ul style="list-style-type: none"> <li>• Does not follow objects with eyes</li> <li>• Persistent fistling of hands</li> </ul>
<b>Gross Motor</b>	<ul style="list-style-type: none"> <li>• Baby easy to hold and cuddle – not overly stiff or floppy</li> <li>• Uses both sides of their body in the same way</li> <li>• Turns head to both sides and does not have a strong preference for looking one way</li> </ul>	<ul style="list-style-type: none"> <li>• Any differences between right and left sides of body (in strength, movement or muscle tone)</li> <li>• Head falls back when pulled to sitting position</li> </ul>

Research clearly shows that early identification and intervention for developmental delays, either single domain or global, is crucial.

Delays in early intervention can result in decreased educational and occupational opportunities and poorer physical and mental health outcomes.

The [Child Development](#) suite of pathways is now live and provide clinical guidance on:

- Assessing child development within general practice
- Information on [developmental milestones](#) and when to refer for further assessment
- Availability and referral systems to access child developmental services within SWSLHD and private funding options.

HealthPathways SWS hosted a Child Development Workgroup on September 8, 2015, in Campbelltown with 24 participants.

A summary of the workgroup can be found on the [Project Site](#).

Dr Eman Younathin began work on localising the suite of Child Development pathways with Dr Roger Blackmore as the subject matter expert.

A special thank you goes out to all those involved in working on localising the palliative care pathways. For a full list of contributors, see the [HealthPathways Project Site](#).

## Always forgetting the login details?

HealthPathways can arrange for anyone using a computer or device connected to the practice's network to auto login.

By providing the public IP address of your server, we can have the HealthPathways technical company, Streamliners, add this to the list of IP addresses that do not need to login.

To find your IP address, simply go to Google and type in 'what is my IP address'. Google will then list it for you. Once you have it, email the address to [healthpathways@sswhs.nsw.gov.au](mailto:healthpathways@sswhs.nsw.gov.au) and this will be passed onto Streamliners.

This typically takes 24 hours to occur and the practice will auto-login from then on.

## Clinical Pathway Spotlight: Useful Apps

When localising pathways, the HealthPathways teams look for multiple resources both for patients and clinicians. This includes patient information, online calculators and mobile applications.

The [Useful Apps](#) page forms a directory of Apps identified and endorsed throughout the localisation process and linked to in various pathways. The page is separated into Apps for both patients and health practitioners.

### Useful Apps (Mobile Applications)

See also: [E-Mental Health Services, Treatment and Support Programms](#)

Below are links to Android and IOS apps containing useful information or tools for general practitioners. More you would like to recommend any apps to include here, please let us know via the Send Feedback button in The Australian Doctor® also has an [App of the Week®](#) page, which lists apps that may be of use to health practitioners.

Organisation	Application	Available On	Description
Australian Prescriber	The Doctors Bag®	Android®, IOS®	Free app designed to support professionals during an emergency
Decision Assist	pallAGED®	Android®, IOS®, Windows®	Provides information to help practitioners manage and the final stages of their life
Diagnostic Imaging Pathways	DIP App®	Android®, IOS®	Assists in choosing the right investigation based on evidence based pathways. IOS only.

Snapshot of Useful Apps Pathway

## HealthPathways Project Team

Program Manager:  
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GP Clinical Lead:  
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SWSLHD Clinical Lead:  
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**Dr. Tim Senior**

**Dr. Susan Sunwoo**

**Dr. Michael Tam**

**Dr. Eman Younathin**

## Project Team Spotlight: Dr. Eman Younathin (GP Clinical Editor)



This edition's spotlight is on Dr. Eman Younathin, the editor who localised the [Child Development](#) pathways.

Dr Eman Younathin was the first GP to sign on as a GP Clinical Editor previously localised the [Chest Pain](#) and [Heart Failure](#) pathways.

Her qualifications include:

- M.B. (Iraq)
- Ch.B. (Iraq)
- FRACGP Member

Dr Younathin is based at the Ware Street Medical and Dental Centre in Fairfield.

Dr Younathin is also currently completing a Masters in Translation in Arabic.

She is currently working on the obstructive sleep apnoea pathways.

## Clinical Pathway Spotlight: Medication Management and Polypharmacy in Older Persons

Medicine use in older persons is a complex balance between managing disease and avoiding medicine-related problems.

Older patients experience a disproportionate number of medicine-related adverse events compared to the general population, due to the incidence

of adverse drug reactions increasing with the number of medications used.

The [Medication Management and Polypharmacy in Older Persons](#) Pathway provides guidance on managing patients on >5 medications and methods of reviewing and deprescribing. Links to the new BEERS Criteria online risk

assessment tool are provided within the pathway as well as medications to avoid in older person's and adverse medication combinations.

This pathway is the first localised pathway for Older Person's Health and Dr Tim Senior, the Editor assigned, is now working on Cognitive Impairment.

## Clinical Pathway Spotlight: Lung Cancer and Specialist Oncology Referrals

The [Lung Cancer](#) pathway is now live, giving guidance for assessing patients with suspicious symptoms and how and where to refer for follow-up.

This pathway works in concert with the [Specialist Oncology Referrals](#) request page which provides details for ALL

oncology clinics within South Western Sydney, including the specialists involved in each of the multi-disciplinary teams (MDTs).

Finally, the [Cancer Care Coordination](#) and [Cancer Care Support Services](#) provides details regarding to arrange

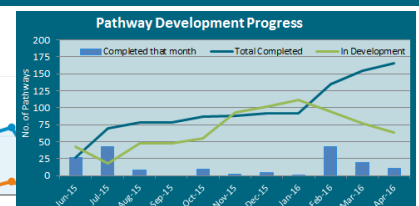
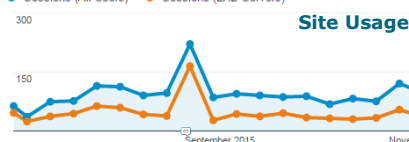
care coordination and the available support groups in the area.

Further clinical pathways on different cancer types are in the development schedule, with liver cancer expected to be the next cancer pathway area to be localised.

## HealthPathways Program Snapshot (extract from Monthly Program Snapshot)

The Monthly Program Snapshots are available in the Progress Section of the [Project Website](#).

● Sessions (All Users) ● Sessions (LHD Servers)



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